Double Up (P)

Compte: 32 **Mur:** 0 **Niveau:** Partner
Chorégraphe: Eve Blay
Musique: The Salt in My Tears - Dolly Parton

Position: Holding Inside Hands Facing LOD. Opposite Footwork

MAN'S STEPS
¼ TURN, TOUCH, ½ TURN, TOUCH, SIDE, SLIDE, TURN, TOUCH
1-2 Step left ¼ turn to left (ILOD) and touch right beside, step right ½ turn to right side and touch left beside
Facing partner
3-4 Step left foot to left side, hold
Double hand hold
5-8 Step left to left side, slide right beside left, step left ¼ turn to left, touch right beside left
Both now facing LOD holding inside hands only

ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLE TWICE
9-12 Rock forward on right, recover back on left, step back on right, touch left cross front of right
13&14 Shuffle forward left, right, left
15&16 Shuffle forward right, left, right

TURN, STEP BEHIND, ¼, TURN, SCUFF JAZZ-BOX WITH ¼ TURN
17-18 Step left ¼ turn to right, step right behind left
19-20 Step left ¼ turn to left, scuff right forward
21-22 Step right over left, step left back
23-24 Step right ¼ turn to right, touch left beside right
Both now facing each other double hand hold

ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLES TWICE
25-28 Rock forward on left, recover back on right, step back on left, touch right across front of left
Release man's right hand, lady's left. Raise man's left hand, lady's right
29&30 Shuffle forward right, left, right
Man shuffles across front of lady, passing under raised hands, lady shuffles behind man
31&32 Shuffle left, right, left, turn ¼ turn left (to LOD)
You have now changed sides and ready to repeat the 32 steps, except the man now does the lady's steps, hands and moves and lady follows the man's

REPEAT

LADY'S STEPS
¼ TURN, TOUCH, ½ TURN, TOUCH, SIDE, SLIDE, TURN, TOUCH
1-2 Step right ¼ turn to right side (OLOD) touch left beside, step left ½ turn to left side and touch right beside
Facing partner
3-4 Step left foot to left side, hold
Double hand hold
5-8 Step right to right side, slide left up beside right, step right ¼ turn to right, touch left beside right
Both now facing LOD holding inside hands only

ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLE TWICE
9-12 Rock forward on left, recover back on right, step back on right, touch right across front of left

13&14 Shuffle forward right, left, right
15&16 Shuffle forward left, right, left

TURN, STEP BEHIND, ¼, TURN, SCUFF JAZZ-BOX WITH ¼ TURN

17-18 Step right ¼ turn to left, step left behind right
19-20 Step right ¼ turn to right, scuff left forward
21-22 Step left over right, step right back
23-24 Step left ¼ turn to left, touch right beside left

Both now facing each other double hand hold

ROCK FORWARD, RECOVER, STEP BACK, TOUCH SHUFFLES TWICE

25-28 Rock forward on right, recover back on left, step back on right, touch left across front of right

Release man's right hand, lady's left. Raise man's left hand, lady's right

29&30 Shuffle forward left, right, left

Man shuffles across front of lady passing under raised hands, lady shuffles behind man

31&32 Shuffle right, left, right, turn ¼ turn to right(LOD)

You have now changed sides and ready to repeat the 32 step, lady now follows the man's steps, hands and moves instruction and man follows the lady's

REPEAT
