

My Wave

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Kate Sala - UK. July 2018

Music: 'My Wave' by Keith Urban ft. Shy Carter. Album: Graffiti U. 3.33mins.



Intro: 32 counts.

Forward Heel Grind on R, Forward Heel Grind on L, Rocking Chair.

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| 1 2 | Step forward on R heel with toes turned in. Grind the heel turning toes from left to right. |
| 3 4 | Step forward on L heel with toes turned in. Grind the heel turning toes from right to left. |
| 5 6 | Rock forward on R. Rock back on to L. |
| 7 8 | Rock back on R. Rock forward on to L. |

Step, Kick, Back, Touch, Side Step, Kick, Side Step, Hook Behind.

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| 1 2 | Step forward on R. Kick left foot forward (Clap). |
| 3 4 | Step back on L. Touch R next to L. |
| 5 6 | Step R to right side. Kick L across R. |
| 7 8 | Step L to left side. Hook R foot up behind L . |

Grapevine Right, Touch, Grapevine Left With 1/4 Turn Left, Scuff.

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| 1 2 | Step R to right side. Cross step L behind R. |
| 3 4 | Step R to right side. Touch L next to R. |
| 5 6 | Step L to left side. Cross step R behind L. |
| 7 8 | Turn 1/4 left stepping forward on L. Scuff R forward. |

Diagonal Step Right, Swivel R Heel Out, In, Step Together, Tap Left Out, In, Heel Swivel Right.

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| 1 2 | Step R forward to right diagonal. Swivel R heel out to right. |
| 3 4 | Swivel R heel left. Step R next to L. |
| 5 6 | Touch L toe out to left side. Step L next to R. |
| 7 8 | On balls of feet swivel both heels right. Recover heels back to centre. |

Start Again. Enjoy!